

- ◆ Symptoms may change rapidly. Observe symptoms carefully every 5 minutes.
- ◆ If any one of the symptoms in  apply, use EpiPen®.  
(EpiPen® can be used after person has taken oral medication)

Time at which monitoring started ( : am/pm) Time at which oral medication was taken ( : am/pm) Time at which EpiPen® was used ( : am/pm)

Overall symptoms

- Limp, lethargic
- Dazed, feeling faint
- Losing bladder or bowel control
- Weak or irregular pulse
- Blue-white lips and/or nails

Respiratory symptoms

- Tightness in throat and/or chest
- Raspy voice
- Bark-like cough
- Difficulty breathing
- Persistent, violent coughing
- Wheezy breathing

- Light coughing several times

Gastrointestinal symptoms

- Persistent, severe (unbearable) stomach pain
- Prolonged, repeated vomiting

- Moderate stomach pain
- Vomiting 1 or 2 times
- Diarrhea 1 or 2 times

- Mild (bearable) stomach pain
- Nausea

Symptoms of eyes, mouth, nose, and/or face

- Swelling of entire face
- Swelling of eyelids

- Itchy or red eyes
- Discomfort in mouth, swelling of lips
- Sneezing, runny nose, nasal congestion

Skin symptoms

- Intense itching
- Hives which spreads throughout the body
- Whole body is bright red

- Mild itching
- Several hive bumps
- Localized reddening

**If any one of the above symptoms applies**

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1. Use EpiPen® immediately.
2. Call an ambulance (call 119).
3. Keep calm and quiet (do not stand or walk).
4. Wait for ambulance to arrive.
5. If possible, take medication.

**B** See B-1 of "Determination of urgency, and what to do"

**Immediately transport to hospital in an ambulance**

1. Give medication and prepare EpiPen®.
2. Promptly go to a hospital (also consider calling an ambulance).
3. Observe changes in symptoms every 5 minutes until you arrive at the hospital. If any one of the symptoms in  apply, use EpiPen®.

**Promptly go to a hospital**

1. Give medication.
2. For at least 1 hour, observe changes in symptoms every 5 minutes. If there is no improvement in symptoms, go to a hospital.

**Keep calm and quiet, and monitor the condition carefully**